

GYMNASTICS CANADA GYMNASTIQUE INFORMATION BULLETIN 1



CALGARY, AB
JUNE 28TH – JULY 1ST, 2014

Gymnastics Canada Gymnastique	<p>Gymnastics Canada Gymnastique 1900 Promenade City Park Dr. Suite 120 Ottawa, ON K1J 1A3 Fax: (613) 748-5691 website: www.gymcan.org</p> <p>Jean-Paul Caron – President and CEO jpcaron@gymcan.org (613) 748-5637 ext. 222</p> <p>Cathy Haines – Chief Technical Officer chaines@gymcan.org (613) 748-5637 ext. 237</p> <p>Elisabeth Bureaud – Gymnaestrada Director ebureaud@gymcan.org (613) 748-5637 ext. 225</p> <p>Marieve Millaire – Director of Events mmillaire@gymcan.org (613) 748-5637 ext. 231</p>		
HOST FEDERATION	<p>Alberta Gymnastics Federation 207 – 5800 2nd Street SW Calgary, AB T2H 0H2 Tel: (403) 259-5500 Fax: (403) 259-5588 E-mail: kjacques@abgym.ab.ca Website: www.abgym.ab.ca</p>		
ORGANIZING COMMITTEE	<p>Co-Chairperson Technical Chair Technical Marketing and Promotion Logistics Finance</p>	<p>Kristina Jacques Heather Sjostrom Diane Gunn (RGA) Molly Fang Kristina Jacques & Crystal Brown (U of C) Scott Hayes (AGF)</p>	<p>kjacques@abgym.ab.ca 403-919-1194 hsjostrom@abgym.ab.ca 403-259-5549</p>

FORMAT

The Canadian Gymnaestrada is a 3-day gymnastics performances and educational workshops event (not including traveling days). This year's theme is "**Splash of Movement**" as teams vie for the opportunity to go to the 2015 World Gymnaestrada in Finland and "**Make the Earth Move**".

It is a festival of movement involving traditional and non-traditional gymnastics disciplines and apparatus. Performances take place inside a gymnasium or outside on a field or stage. It is a true celebration of Canadian Gymnastics. This non-competitive event provides an opportunity for everyone to demonstrate their physical, technical and creative abilities while sharing the fun and pleasure of performing in front of big crowds.

The format for the event is the following:

- 1 day of rehearsal and workshops
- Opening ceremonies
- 2 days of performances
- Closing Gala

Once again this year, participants will have the opportunity to perform as part of the Canada Day festivities and attend the July 1st evening events including Calgary's annual fireworks display.

ELIGIBILITY

All GCG registered members are eligible to attend – athletes and clubs from all gymnastics disciplines are encouraged to participate to make this truly a Canadian celebration of Gymnastics.

Groups planning to attend the 2015 World Gymnaestrada must attend the 2014 Canadian Gymnaestrada:

- To show part of their WG routine
- To receive feedback to enhance their WG routine
- To determine the allocation of the Canadian Indoor, City, and National Evening performances at the next WG
- To attend the 1st information meeting for upcoming WG Group managers
- To try on the Canadian WG Team uniforms

Definition and eligibility requirements:

1 Groups

a. Definition and eligibility requirements:

- By definition, a group presents an INDOOR or a CITY performance.
- A group can consist of:
 - i gymnasts from one club
 - ii gymnasts from two or more clubs
- Group size is a minimum of 10 gymnasts performing AT ALL TIMES.
- For CITY performances, groups with:
 - i 10 to 19 gymnasts are limited to a 3-minute performance
 - ii 20 or more gymnasts are limited to a 5-minute performance
- For INDOOR performances, groups with:
 - i 10 to 19 gymnasts are limited to a 5-minute performance
 - ii 20 to 35 gymnasts are limited to a 10-minute performance
 - iii 36 or more gymnasts are limited to a 15-minute performance

b. Registration: (may be by a club or a provincial/territorial gymnastics federation)

- PTGF registration:
 - i A provincial/territorial gymnastics federation (PTGF) may decide to coordinate a PT 'TEAM' performance.

- ii In this case, the 'Nominative' and 'Definitive' registration may be done through the PTGF OR through the clubs.
- Club registration:
 - i A group must be registered by their club if they are representing the club.
 - ii A club may register more than 1 group if each group does a different performance, with different gymnasts.
 - iii Each club participating in a PT Team performance can be asked by their PTGF to register their club's participants.
 - iv A club must be registered as a recreational or a competitive club with their PTGF when the club submits its 'Intent to Participate' form.
 - v A club that is not a registered member in good standing of their PTGF will not be allowed to participate in the Canadian Gymnaestrada.

2. Participants

a) Gymnast:

- By definition, a gymnast trains and partakes in a group performance.
- **A gymnast can be registered in 1 INDOOR GROUP and 1 CITY GROUP at the most.**
- The minimum recommended age for gymnasts to participate in the Canadian Gymnaestrada is 9 years of age at the time of the event.
- A gymnast must be registered as a recreational or a competitive gymnast with the PTGF when his/her name is entered on the Nominative registration form.
- A gymnast who is not a registered member in good standing of their PTGF will not be allowed to participate in the Canadian Gymnaestrada.

b) Coach:

- By definition, a coach prepares the gymnasts and directs the group's performances.
- A coach must be a minimum of 19 years of age, as of July 1, 2014.
- A coach must be CERTIFIED Level 2 in at least one Gymnastics discipline (Rhythmic, Men's Artistic, Women's Artistic, or Trampoline Gymnastics) to have access to the training and performance gyms.
- Each group must have at least one designated coach, which means that a club registering more than one group must designate a different coach for each group.
- A coach must be registered as a recreational or a competitive coach with the PTGF when his/her name is entered on the Nominative registration form.
- A coach who is not a registered member in good standing of their PTGF will not be allowed to participate in the event. Furthermore, the group will also not be allowed to participate in the Canadian Gymnaestrada.

c) Manager:

- By definition, a manager coordinates and facilitates their group's participation in the event and is responsible for all direct communication with the Organizing Committee (OC) before, during and after the event.
- A manager must be a minimum of 21 years of age, as of July 1, 2014.
- Each group must have a designated manager; however, if a club registers more than one group, only 1 manager is required for all the groups.
- A manager must be a registered member of the PTGF when his/her name is entered on the Nominative registration form.
- A manager who is not a registered member in good standing of a PTGF will not be allowed to participate in the event. Furthermore, the group will not be allowed to participate in the Canadian Gymnaestrada.

d) Chaperone:

- By definition, a chaperone supervises underage gymnasts.
- A chaperone must be a minimum of 21 years of age, as of July 1, 2014.
- A group must appoint at least one chaperone if it has gymnasts younger

	<p>than 16 participating in the Canadian Gymnaestrada.</p> <ul style="list-style-type: none"> - A group is required to appoint one chaperone for every 10 children aged between 9 and 16 years participating in the Canadian Gymnaestrada. - A chaperone must be a registered member of the PTGF when his/her name is entered on the Nominative registration form. - A chaperone that is not a registered member in good standing of a PTGF will not be allowed to participate in the event. Furthermore, the group will not be allowed to participate in the Canadian Gymnaestrada. <p>e) <u>Supporter</u></p> <ul style="list-style-type: none"> - By definition, a supporter is a family member with no other role (not a gymnast, coach, manager or chaperone). - Each supporter must be a registered member of the PTGF when his/her name is entered on the Nominative registration form. - A supporter who is not a registered member in good standing of a PT/GF will not receive an accreditation for the Canadian Gymnaestrada.
<p>VENUES</p>	<p>University of Calgary Jack Simpson Gym & University of Calgary Gymnastics Centre 2500 University Drive NW, Calgary</p> <p>CANADA DAY VENUES Stay Tuned!</p>
<p>EQUIPMENT & FLOOR PLAN</p>	<p><u>Equipment:</u></p> <ul style="list-style-type: none"> • A list of the equipment provided by the OC will be circulated in the next Information Bulletin. • Groups using the equipment provided by the OC and/or bringing their own large apparatus must submit the <i>Equipment form</i> by January 31st, 2014. • Groups may perform on the wood floor, or they may perform on an artistic gymnastics floor carpet (top only). <p><u>Floor plan:</u></p> <ul style="list-style-type: none"> • The performance floor plan will be provided by the OC at a later date. • The performance area will be 12 metres x 12 metres.
<p>SCHEDULE & PROGRAM</p>	<p><u>Provisional Schedule:</u></p> <p>Saturday, June 28th Arrival and Team Manager Meeting Sunday, June 29th Rehearsals, Workshops, Opening Ceremonies Monday, June 30th Performances Tuesday, July 1st Performances and Canada Day Closing Ceremonies Wednesday, July 2nd Sightseeing and Departures</p> <p><u>Preliminary Program:</u></p> <ol style="list-style-type: none"> 1. <u>Rehearsals – June 29, 2014 (morning and afternoon – exact times TBC):</u> <ul style="list-style-type: none"> - Will be held at the University of Calgary’s Jack Simpson Gym. - Will be held under the same conditions as actual Indoor Group performance (apparatus and time allotment will be identical). 2. <u>Workshops – June 29th (morning & afternoon – times TBC):</u> <ul style="list-style-type: none"> - Will be held at the University of Calgary. - Will include workshops geared to coaches and gymnasts, which are open to all registered participants and are free for all registered participants. - Will include an information meeting for team managers & coaches attending the 2015 World Gymnaestrada.

3. Opening Ceremonies – June 29th (early evening – exact time TBC):
 - Will be held at the University of Calgary's Jack Simpson Gym.
 - Will be approximately 75 minutes in duration.
 - Will include a presentation of the participating PTs and clubs, dignitaries' speeches and several special performances.
4. Indoor Group Performances – June 30th – July 1st (exact times TBC):
 - Will be held at the University of Calgary's Jack Simpson Gym.
 - Performances should be designed to show the diversity of Gymnastics.
 - Performance duration includes entrances/exits and the placement/removal of all equipment.
 - For the minimum number of performers and the length of the performances, please refer to the Groups definition and eligibility requirements.
5. City Group Performances – June 30th – July 1st (exact dates and times TBC):
 - We are working with the City of Calgary to identify performance opportunities in conjunction with the Canada Day Festivities occurring in Calgary.
 - Performance duration includes entrances/exits and the placement/removal of all equipment.
 - For the minimum number of performers and the length of the performances, please refer to the Groups definition and eligibility requirements.
6. Closing Ceremonies – July 1st (time TBC):
 - Will be held at the University of Calgary's Jack Simpson Gym.
 - Will be approximately 75 minutes in duration.
 - Will include a final speech by the President/CEO of GCG and several 'top-quality' performances selected from the Indoor Group performances.

REGISTRATION

Registration process:

1. **Intent to participate form and fee (November 29th, 2013):** *See Appendix A*
 - All clubs and PT Teams are required to pay a **\$125** Intent to participate FEE and to complete and 'return' the Intent to participation FORM to the 2014 OC by **November 29th, 2013**
 - This \$125 is a one-time administration fee that is **non-refundable**.
 - After November 29th, 2013 the 2014 OC will only correspond with clubs and PT Teams (manager & coach) that have confirmed their intent to participate.
 - Please note that there are a maximum number of participants that can be accepted base on the size of the venue. While, the 2014 OC's and GCG's policy is one of acceptance, we could be forced to place clubs and PT Teams on a waiting list, in particular, clubs and PT Teams that do not register and pay by the November 29th, 2013 deadline.
2. **Nominative entry forms and payment (January 31st 2014):**
 - Each club or PT Team must pay a **\$80** Nominative entry FEE, per participant, and complete and 'return' the Nominative entry FORMS along with a cheque for the amount due made payable to the AGF by **January 31st 2014**.
 - As part of the Nominative entry fee, each participant (gymnast, coach, manager, and chaperone) receives an event accreditation, which gives him/her access to the warm-up and performance gyms, access free-of-charge to the Educational forum, the Opening Ceremonies, the Closing Ceremonies and to all the Indoor Group Performances held at the University of Calgary.
 - The Nominative entry forms will be appended to the 2nd Information Bulletin.
3. **Final entries and payment (May 2nd 2014):**
 - All registrations received between February 1st and May 2nd 2014 will be subject to a late registration penalty of \$50 per participant.
 - **No additional participants will be accepted after May 2nd 2014.**
 - Replacement participants will be accepted until June 27th, 2014; the amount

- paid at the Nominative entry is 100% transferable until June 27th 2014.
- The late registration penalty does not apply in the case of a replacement.

Refund Policy:

- Between February 1st and May 2nd, 2014: a **\$50 administration fee** will be levied and \$30 will be refunded from \$80 Nominative entry fee.
- After May 2nd: the \$80 Nominative entry fee is non-refundable.

ACCOMMODATION & MEALS

Working with Tourism Calgary, we are able to offer the best room rates along with added benefits for our teams; including transportation to and from the airport, an info table in the lobby, a sponsored swag bag for each registrant, access for team managers to VIP socials, added hotel amenities and discounted meal plans. As a result, **teams are strongly encouraged to stay at identified host hotels** in order to enhance their team experience and to help the AGF and GCG strengthen their relationships with local tourism boards. This will help enhance contributions made by local tourism boards to the event, resulting in elevated professionalism and presentation of present and future Canadian Gymnaestradas.

Meal plans are available at each hotel with contact info below and more details to be released with the second Bulletin. The U of C food court is open from 8:30am – 4:30pm daily with a variety of on-site meal options.

Please see Appendix B for the Accommodations Summary.

ACCREDITATION

The event accreditation gives participants:

- Access to warm-up and to performance gym (EXCEPT SUPPORTERS)
- Access free-of-charge to Educational Forum Workshops
- Access free-of-charge to opening and closing ceremonies
- Access free-of-charge to Indoor Group Performance

2015 WORLD GYMNAESTRADA PERFORMANCE ALLOCATION PPROCESS

Allocation of Canadian performances at the 2011 WG:

1. Performance spots:

- a) FIG Gala Performance:
GCG must submit its candidate group June 2013. To be considered, a Canadian group must have represented Canada in a National Evening performance, or the FIG Gala, in the 2007 or 2011 WG. The groups are selected by FIG and the WG OC; the National Federations are notified in January 2014 if their group is selected or not.
- b) National Evening Performance (NE):
Selection is confirmed by GCG within one month of the Canadian Gymnaestrada. In the past, Canada has participated in up to two NE, with one or two groups in each NE. Groups wishing to be considered for a NE performance must have participated in the 2007 or 2011 WG. Groups will need to indicate their interest in being allocated a NE performance when they register for the Canadian Gymnaestrada.
- c) Indoor Group Performances (IG):
Selection is confirmed by GCG within one month of the Canadian Gymnaestrada. Each country is guaranteed between 5 and 15 IG performances. Groups wishing to be considered for IG performance will need to indicate their interest when they register for the Canadian Gymnaestrada.
- d) City Group Performances (CG):
City Group performances are open to any group that would like to participate in the WG. To date, FIG and the WG OC have not indicated a maximum number of CG spots per country. GCG will make recommendations as to group size and performance (theme, content, time, costumes, etc.) to ensure that Canadian CG performances meet our minimum standard of excellence.

Groups will need to indicate their interest in being allocated a CG performance when they register for the Canadian Gymnaestrada.

2. Assessment process and criteria:

- A small group of experts will be named by GCG.
- These experts will evaluate ALL Indoor Group and City Group performances at least once during the Canadian Gymnaestrada.
- Each group will be provided with feedback following their performance. Written feedback will be sent to the groups within one month of the Canadian Gymnaestrada.
- More details about the exact dates and times of the evaluation and on-site feedback sessions will be provided during the on-site Technical meeting.
- A copy of the Assessment criteria is attached in Appendix C.

**CALGARY
TOURIST
INFORMATION**

With more than 1.4 million people, Calgary is the largest city in Alberta. Calgary is situated in an area of profound beauty; in an unspoiled, resource-rich, natural environment. The city itself is ringed by 19 municipalities and jurisdictions, each with its own characteristics and unique appeal.

You'll find cultural attractions, festivals, restaurants, live performances, world class sporting events, specialty shops and trendy nightspots. Calgary's wide-open blue skies and moderate climate beckons year-round outdoor enthusiasts with activities ranging from golf to skateboarding, and from fishing to skiing.

With more than 6,000 restaurants, Calgary's ever-expanding cuisine has exceptional diversity and quality including ethnic restaurants and local delicacies such as venison pate, buffalo burgers and our world famous Alberta beef.

Calgary's a shopper's paradise. You'll find boutiques devoted to local gemstones, handmade arts and crafts, antiques, Inuit art and designer western wear, for starters.

Festivals keep Calgarians hopping all year, with many family friendly activities all around the city celebrating Canada Day; a variety of culture, International food and unique entertainment.

Visit Tourism Calgary www.visitcalgary.com for a complete guide to everything there is to do in and around Calgary. Attractions include:

- Calgary Zoo
- Telus Spark Science Centre
- Heritage Park
- Stephen Avenue Mall, the Core and many other shopping centres
- Calgary Tower
- Canada Olympic Park and the Canada Sports Hall of Fame
- Calaway Park
- Canada Day festivities www.calgarycanadaday.ca/
- The Calgary Stampede (July 4-13th)

DEADLINES

Intent to Participate Form & Fee	November 29th, 2013
Nominative Registration & Payment	January 31st, 2014
Equipment Form	January 31st, 2014
Final Entries & Payment, and Music Submission	May 1st, 2014

Next Bulletin:

- Event Transportation
- Local Transportation Options
- Equipment Form
- Medical Information
- Protocol Information
- Ticketing and Souvenir Program



2014 Canadian Gymnaestrada Intent to Participate Form

APPENDIX A

Clubs wishing to participate in the 2014 Canadian Gymnaestrada must complete this form and return it with their **\$125** registration fee payable to the Alberta Gymnastics Federation by November 29th, 2013.

After November 29th, 2013 the Organizing Committee will only communicate directly with the designated manager and/or coach of the clubs that have submitted their 'Intent to Participate' form and paid their **\$125** registration fee.

The Organizing Committee will not communicate with parents or gymnasts. All requests for information must be through your club/group manager or coach.

Club/Group _____

Participant info: (estimated #) (estimated age range) _____

Performance info: (estimated time) (theme) _____

Gymnastics discipline(s) _____

Manager's name _____

Manager's address _____

Manager's telephone (home) (work) _____

Manager's email _____

Coach's name _____

Coach's address _____

Coach's telephone (home) (work) _____

Coach's email _____

Submission deadline is November 29th, 2013 (POST DATED)

Cheques payable to Alberta Gymnastics Federation

207 – 5800 2nd Street S.W.

Calgary, AB, T2H 0H2

APPENDIX B



ACCOMMODATIONS

Working with Tourism Calgary, we are able to offer the best room rates along with added benefits for our teams; including transportation to and from the airport, an info table in the lobby, a sponsored swag bag for each registrant, access for team managers to VIP socials, added hotel amenities and discounted meal plans. As a result, **teams are strongly encouraged to stay at identified host hotels in order to enhance their team experience** and to help the AGF and GCG strengthen their relationships with local tourism boards. This will help enhance contributions made by local tourism boards to the event, resulting in elevated professionalism and presentation of present and future Canadian Gymnaestradas.

Meal plans are available at each hotel with contact info below and more details to be released with the second Bulletin. The [U of C food court](#) is open from 8:30am – 4:30pm daily with a variety of on-site meal options.

**all room rates are subject to a 5% Federal Goods and Services Tax, 4% Alberta Tourism Levy and 3% Destination Marketing Fee.*

Note that teams, clubs, and registered individuals not staying at host hotels will not benefit from the services enumerated above.

Hotel Alma – on the U of C Campus

www.hotelalma.ca

2 bedroom suites available, each suite includes:

- double bed, TV, phone and clock radio
- kitchenette with sink, microwave, mini-fridge and coffeemaker
- bathroom with towels in each suite
- basic daily cleaning service and 3 day linen change-over provided
- complimentary wireless internet
- campus recreation passes available for \$5 each
- parking at \$8 per day with in and out privileges when billed to the guest room
- Bistro Alma on site and group meal plans in the Dining Center are available
 - To book U of C meal plans please contact Kelsey Bailly at 403-220-8541
 - Meal plan pricing will be released in February 2014

Rates: \$130 per night based on single/double occupancy, plus applicable taxes*
For triple/quad occupancy, add **\$10 per person** per night (no charge for 12 yrs and under)

To book your reservations call:

1-877-498-3203 by May 28th, 2014 *(after this date, room availability and pricing is not guaranteed)*
and quote “**2014 Canadian Gymnaestrada**”. Group deposits of 1st night room & tax will be required for team bookings.

Cancellation policy: individual rooms can be cancelled up to 48 hours prior to arrival without penalty; 1st night will be charged to the individual/team booking. Full group cancellation is required 30 days prior to arrival.

Kananaskis Hall – on the U of C Campus

www.seasonalresidence.ca

Traditional Dormitory

- one or two single beds desk and mini-fridge in each room
- basic daily cleaning service and 3 day linen change-over provided
- common bathroom shared by gender on each floor
- complimentary wireless internet
- campus recreation passes available for \$5 each
- parking at \$8 per day with in and out privileges when billed to the guest room
- group meal plans in the Dining Center are available
 - To book U of C meal plans please contact Kelsey Bailly at 403-220-8541
 - Meal plan pricing will be released in February 2014

Rates: \$60.50 per night based on single/double occupancy, plus applicable taxes*

To book your reservations call:

1-877-498-3203 by May 28th, 2014 *(after this date, room availability and pricing is not guaranteed)*
and quote “**2014 Canadian Gymnaestrada**”. Group deposits of 1st night room & tax will be required for team bookings.

Cancellation policy: individual rooms can be cancelled up to 48 hours prior to arrival without penalty; 1st night will be charged to the individual/team booking. Full group cancellation is required 30 days prior to arrival.

The Best Western Village Park Inn – 20 minute walk to U of C facilities

www.villageparkinn.com

Single Queen and Double Queen rooms available, each room includes:

- queen bed(s), TV, phone and clock radio
- microwave, mini-fridge and coffeemaker
- iron, hair dryer and bathroom amenities
- basic daily cleaning service
- complimentary wireless internet
- access to indoor pool, hot tub, modern fitness facilities and steam room
- complimentary outdoor vehicle and bus parking is available
- restaurant & lounge on site and group meal plans available
 - To book meal plans please contact Sara Bibi Colbourne at 403-202-4405

Rates: \$146 per night based on single/double/triple/quad occupancy, plus applicable taxes*

To book your reservations call:

1-403-289-0241 by May 12th, 2014 *(after this date, room availability and pricing is not guaranteed)* and quote “**Canadian Gymnaestrada**”.

Cancellation policy: individual rooms can be cancelled up to 7 days prior to arrival without penalty; 1st night will be charged to the individual/team booking. Full group cancellation is required 30 days prior to arrival.

ALOFT Calgary University – 20 minute walk to U of C facilities

www.aloftcalgaryuniversity.com

Single King and Double Queen rooms available., each room includes:

- 1 king or 2 queen beds, TV, phone and clock radio
- microwave, safe, mini-fridge and coffeemaker
- iron, hair dryer and bathroom amenities
- basic daily cleaning service
- connecting rooms available
- complimentary wireless internet
- access to indoor splash pool and 24hr fitness facilities
- complimentary outdoor vehicle and bus parking is available
- restaurant & lounge and 24hr grab & go on site as well as group meal plans available
 - To book meal plans please contact Sara Bibi Colbourne at 403-202-4405

Rates: \$157 per night based on single/double/triple/quad occupancy, plus applicable taxes*

To book your reservations call:

1-403-289-1973 by May 12th, 2014 *(after this date, room availability and pricing is not guaranteed)* and quote "**Canadian Gymnaestrada**".

Cancellation policy: individual rooms can be cancelled up to 7 days prior to arrival without penalty; 1st night will be charged to the individual/team booking. Full group cancellation is required 30 days prior to arrival.

The Westin Downtown Calgary – 5 minutes to the LRT station, 12 minute ride (or 6 stops) and 8 minute walk across campus to U of C facilities or 10 minute drive

www.westin.com/calgary

Traditional Guest rooms available, each room includes:

- 2 queen beds, TV, phone and clock radio
- safe, mini-fridge and coffeemaker
- iron, hair dryer and bathroom amenities
- basic daily cleaning service
- complimentary wireless internet
- access to indoor pool, dry sauna and fitness facilities
- Heavenly Rollaway beds and humidifiers available upon request
- 3 dining options and Starbucks on site as well as group meal plans available
 - To book meal plans please contact Ryan Saretzky at 403-508-5223
- self-parking available at \$23 per day per vehicle
- event committee will provide **one complimentary transit ticket** per registrant staying at one of our Downtown Host Hotels

Rates: \$129 per night based on single/double/triple/quad occupancy, plus applicable taxes*

***1 complimentary room** per teams booking more than **20 rooms per night**

Rooms with Breakfast Buffet included: \$159 for single/double; \$179 for triple; \$199 for quad

To book **Under 20 rooms** call:

1-800-228-3000 by June 13th, 2014 *(after this date, room availability and pricing is not guaranteed)* and quote "**2014 Canadian Gymnaestrada**".

*To book **20 or more rooms** call Ryan Saretzky directly at **403-508-5223 by June 13th, 2014** to take advantage of your **complimentary team manager** room and quote "**2014 Canadian Gymnaestrada**".

Cancellation policy: individual rooms can be cancelled up to 48 hours prior to arrival without penalty; 1st night will be charged to the individual/team booking. Full group cancellation is required 30 days prior to arrival.

Delta Bow Valley – 5 minutes to the LRT station, 12 minute ride (or 6 stops) and 8 minute walk across campus to U of C facilities OR 12 minute drive

www.deltabowvalley.com

Delta 2 Queen bed rooms available, each room includes:

- 2 queen beds, TV, phone and clock radio
- mini-fridge and coffeemaker
- iron, hair dryer and bathroom amenities
- basic daily cleaning service
- complimentary wireless internet
- access to indoor pool, sauna, whirlpool and 24hr fitness facilities
- 2 dining options on site as well as group meal plans available
 - To book meal plans please contact Sophia Tumato at 403-205-5410
- parking available at a rate of \$20 per day or \$50 per day for team busses
- equipment storage available at \$99 per day per team
- event committee will provide **one complimentary transit ticket** per registrant staying at one of our Downtown Host Hotels

Rates: \$104 per night based on single/double occupancy, plus applicable taxes*

Additional charges of **\$20 per person** apply for triple/quad occupancy

Complimentary upgrade to Deluxe Jr. Suite (1 King + pullout) for team managers

To book your reservations call:

1-800-665-8571 by May 27th, 2014 *(after this date, room availability and pricing is not guaranteed)*

and quote **“2014 Canadian Gymnaestrada”**.

Cancellation policy: individual rooms can be cancelled up to 4pm on the day of arrival without penalty; 1st night will be charged to the individual/team booking. Full group cancellation is required 48 hrs prior to arrival.

Accommodations Reference Chart

Hotel/Residence	Per night Taxes in*	Breakdown per person				Distance from venue	Other	Contact**
		Single	Double	Triple	Quad			
Hotel Alma	\$146.06 for 2 \$157.29 for 3 \$168.53 for 4 (\$130 before taxes +\$10 for 3 & 4)	\$146.06	\$73.03	\$52.43	\$42.13	2 minute walk	Parking: \$8/day No charge for children under 12 y.o.	1-877-498-3203 Deadline: May 28 th <u>Meal Plan:</u> Kelsey Bailly 403-220-8541
Kananaskis Hall	\$67.98 for 2 (\$60.50 before taxes)	\$67.98	\$33.99			2 minute walk	Parking: \$8/day	1-877-498-3203 Deadline: May 28 th <u>Meal Plan:</u> Kelsey Bailly at 403-220-8541
Best Western Village Park Inn	\$164.03 up to 4 (\$146 before taxes)	\$164.03	\$82.02	\$54.68	\$41.01	20 minute walk	Free parking	403-289-0241 Deadline: May 12 th <u>Meal Plan:</u> Sara Bibi Colbourne at 403-202-4405
ALOFT Calgary University	\$176.39 up to 4 (\$157 before taxes)	\$176.39	\$88.20	\$58.80	\$44.10	20 minute walk	Free parking	403-289-1973 Deadline: May 12 th <u>Meal Plan:</u> Sara Bibi Colbourne at 403-202-4405
Westin Downtown Calgary	\$144.93 up to 4 (\$129 before taxes)	\$144.93	\$72.47	\$48.31	\$36.23	25 min total transit or 10 min drive	Self parking at \$23/day 1 comp. Transit ticket per part. Breakfast buffet available at additional cost	1-800-228-3000 Deadline: June 13 th <u>Meal plans:</u> Ryan Saretzky at 403-508-5223
Delta Bow Valley	\$116.84 for 2 \$139.31 for 3 \$161.78 for 4 (\$104 before taxes +\$20 for 3 & 4)	\$116.84	\$58.42	\$46.44	\$40.45	25 min total transit or 12 min drive	Parking \$20/day cars & \$50/day for buses 1 comp. Transit ticket per part.	1-800-665-8571 Deadline: May 27 th <u>Meal plans:</u> Sophia Tumato at 403-205-5410

*All room rates were calculated based on a 5% Federal Goods and Services Tax, 4% Alberta Tourism Levy and 3% Destination Marketing Fee.

**The special pricing quote for all accommodations is "2014 Canadian Gymnaestrada".

Detailed criteria for evaluation of routines for 2015 WG

2014 Canadian Gymnaestrada – Group Performance Evaluation Form

Group: _____ Expert evaluator: _____

	Poor...		...Excellent		
	1	2	3	4	5
Gymnastics elements and technique					
<i>Gymnastics technique and quality of execution including form, posture, and fitness</i>					
<i>Quantity and variety of gymnastics elements from one or more gymnastics disciplines</i>					
<i>Technical difficulty of gymnastics elements presented including single elements, series & combinations of elements</i>					
Choreography	1	2	3	4	5
<i>Entertainment and appeal value for general public</i>					
<i>Creativity and originality including exploring new ideas, new movement themes, and new apparatus</i>					
<i>Interactions working together or in relation to one another & synchronization of sequential or simultaneous movements</i>					
<i>Quantity and difficulty of formation work including quantity, variety and precision</i>					
Music	1	2	3	4	5
<i>Choice of music including composition, musicality and appropriateness</i>					
<i>Fit between the music and choreography including rhythm, style, and theme</i>					
Presentation	1	2	3	4	5
<i>Outfits and make-up support choreography and suitable for gymnasts</i>					
<i>Organization and behaviour of gymnasts</i>					
<i>Overall impression based on expert's knowledge of World Gymnaestrada performances, gymnastics and performing arts</i>					
Overall	1	2	3	4	5

Recommendation:

- | | |
|---|--|
| <input type="checkbox"/> National Evening
<input type="checkbox"/> Indoor Group performance slot
<input type="checkbox"/> City Group performance slot | <input type="checkbox"/> Indoor Group performance slot WITH another group
<input type="checkbox"/> City Group performance slot WITH another group |
|---|--|